

Welkam long Seasonal Solutions. Mifala i welkamem yu blong yu save joenem tim blong mifala mo hop se bae yu save kasem wan gudfala taem mo eksperiens long taem we bae yu spenem long plesia.

Helt mo Seifti long ples blong Wok

Seasonal Solutions bae wok wetem evri Growa long rijen blong mekem sua se envaeromen we yu wok long hem, hemi seif mo helti oltaem. Seifti, helt mo hapines blong yu hemi praeoroti blong mifala.

Seasonal Solutions bae hemi promes blong:

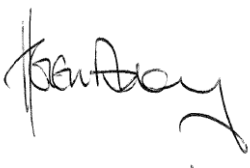
- Stanemap mo menteinem olgeta wok kondisen we hemi seif blong yu
- Bae gohed oltaem blong sapotem mo tekempat blong promotem seif praktis long ples blong wok
- Lukluk mo folem oltaem olgeta Loa mo Regiuleisen long saed blong seifti
- Promotem fasin luksave se evriwan gat wanwan risponsabiliti blong stap seif long evri eria mo propeti.
- Enkarejem olgeta staf memba blong luksave mo akseptem responsabiliti ia blong stap seif oltaem mo tu long seifti blong ol narafala we oli wok tugeta
- Sapotem seifti mo sapot long olgeta we oli bin gat kil blong save kambak mo wok

Olgeta impoten kondisen long ples blong Wok

Blong helpem mifala blong kipim yu seif mo helti oltaem, yu nid blong kasem save se yu gat olgeta responsabiliti mo To help us keep you safe and healthy you need to understand that you also have responsibilities and rikwaemen tu blong mekem.

- 1. Yu mas folemgud olgeta polisi blong helt mo seifti, olgeta prosija, mo instraksen we Seasonal Solutions mo olgeta Ojad/Vinyad maneja oli givim long ples blong wok,**
- 2. Yu mas tekemgud kea oltaem long helt mo seifti blong yu wan mo tu blong olgeta we oli stap wetem yu long ples blong wok,**
- 3. Ripotem olgeta problem, kil no sik we yu save kasem taem we yu stap long wok – KWIKTAEM,**
- 4. Talemaot long supavaesa eni samting we yu luksave se bae kosem wan problem long saed blong helt no seifti**

Seasonal Solutions bae hemi toktok oltaem wetem olgeta long ples blong wok blong yu, blong mifala i save lukluk olgeta pefomens long saed blong helt mo seifti mo monitarem olgeta welfea blong ol woka. Sipos yu no kasem save wanem infomeisen nao we mifala i givim, plis askem advaes long eni staf memba blong Seasonal Solutions. Hop se bae yu gat wan gudfala taem, mo stap seif oltaem!



Helen Axby
Chief Executive Officer
Seasonal Solutions Cooperative Ltd

Bifo we yu kasem wan ful indaksen o toktok save long ojad/vinyad, yu nidim blong kasem save long olgeta infomeisen ia bifo we yu statem wok. Sipos we yu nidim moa infomeisen no advaes, plis kontakem SSCO.

1. OI KLOS mo SHUS

OL KLOS

- Werem klos we hemi stret long ples blong wok mo weta tu. Long ol hot taem, werem klos we hemi laet nomo mo no hot tumas mo mekemsua se yu kavremagud skin blong yu from we san bae save bonem yu.
- Long ol dei we hemi no hot tumas mo tu long ol manis blong winta, werem klos we bae protektem yu from kolkol, win, mo ren. Werem wan bone no hat we bae save kipim hed blong yu long kolkol.

OL SHUS

Werem shus blong wok/o werem but blong wok we hemi fit gud mo stret from wok blong ojad no vinyad. Rimemba se bae yu stanap nomo oltaem long ples blong wok.

TABU blong werem sandel, ol shus we i gat aean long fored blem mo no draeleg



Yes



Yes



No



PROTEKSEN FROM SAN



OI dei we san hemi strong/mo long ol manis blong sama, werem wan hat we hemi stret blong save protektem hed, fes, mo sorae blong yu. Taem yu werem hat we hemi tik tumas, bae save mekem yu hot bitim mak.

Werem sanglas be no iusum olsem seifti glas long ples blong wok from ples blong wok hemi gat olgeta seifti glas we ples blong wok oli givimaot.

Putum krim blong san long skin we klos hemi no kavremap. Askem long advoket blong yu sipos we yu no sua nating long weswan krim nao yu shud iusum no pem.

2. Olgeta problem we oltaem i stap hapen long olgeta Ojad mo Vinyad

Olgeta problem ia oli blong soem nomo samsamting we i stap hapen long olgeta ojad/vinyad. Bae oli letem yufala i save long evri ples we hemi gat denja long olgeta propeti we bae yu wok long hem. Bae yu kasem trening tu long hao blong dil wetem olgeta denja no ples we bae save gat problem mo hao blong ripotem. Plis kontaktem Seasonal Solutions sipos yu gat eni konsen o nidim sam advaes.

TAEM WE YU KLIS, NO FOLDAON

Hemia hemi from we:

- **Olgeta hol we rabet hemi mekem** – samtaem bae yu no save luk taem we yu stap wokbaot olbaot long Ojad
- **Ol tul we oli bin lego hemi slip long graon i stap** – Kipim eria we yu wok long hem i klin mo stret oltaem mo kipim ol tul i stap long stret ples. No leko ol tul olbaot long graon.
- **Taem we ol frut/no ol pruning we yu mekem oli stap long graon** – frut no pruning we oli stap olbaot long graon oli save mekem se yu klis, yu save kikim mo afta taem yu foldaon bae save gat problem
- **Trak blong olgeta/Trakta/no trak** – Yu save foldaon tu taem we yu no luk olgeta hol no trak we ol trakta no trak i bin pas long hem.
- **Ol Lada** – Yu save mestem mo foldaon long lada tu. No klaem long lada taem we i gat tumas win, no sipos we graon hemi no level. Yu mas muvum lada blong yu no nid blong strej kasem mak we yu mestem afta foldaon. Bae supavaesa blong yu hemi soem long yu mo samting long saed blong seifti blong iusum lada.

OL TUL MO MASHIN

Bae oli givim olgeta tul mo mashin we bae yu nidim blong mekem wok. Kipimgud olgeta tul ia from bae save helpem yu blong no kasem ol kaen problem olsem bodi hemi sosoa, ol masel antap oli soa, mo ol joen tu oli save sosoa from.

Ol hevi masin bae olgeta we oli kasem stret trening blong hem nomo oli save iusum from oli gat eksperiens tu. Sipos yu nogat apruval no raet blong iusum olsem we Growa no SSCo hemi letem, bae yu no save iusum.

OL SPREI MO KEMIKOL

Plante long olgeta hotikalja propeti oli iusum mo kipim olgeta strong sprej no kemikol. Yu no mas go insaed long eria we oli bin sprej long hem. Bae olgeta Supavaesa bae oli letem yu save sipos we bae oli sprej long wan eria mo wetaem we bae hemi seif blong save gobak long hem o no. **Tabu blong karem no transpotem ol kemikol. Hemia hemi wok blong olgeta staf we oli kwalifae mo gat eksperiens nomo.**

OL LADA/ HAEDRO LADA (HEMIA BLONG OL OJAD NOMO)

Seifti long saed blong ol lada bae olgeta supavaesa nao bae oli some long yu. Hemi impoten blong lanem mo kasemsave olgeta seifti prosija mo stret rod blong iusum taem we yu stap long ojad. Sipos yu fraet yet blong iusum, yu mas letem Supavaesa blong yu hemi save.

Ol Haedro lada hemi blong olgeta we oli gat trening mo eksperiens nomo. Sipos we yu nidim haedro lada yu mas askem long Supavaesa mo kasem prapa trening blong save iusum. Sipos yu filim se yu no bin kasem prapa trening, plis toktok long supavaesa blong yu no wan long mifala long Seasonal Solutions.

ENVAEROMEN

Envaeromen hemi save gat impakt long helt mo seifti blong wan woka taem hemi stap wok aotsaed. Sipos yu kasem hei fifa, plis talemaot long supavaesa no advoket blong yu blong save kasem prapa advaes long tritmen we blong tekem. Rimemba blong jenisim klos blong yu oltaem folem weta tu – olgeta ples we yu wok long hem hemi denja tumas taem san hemi saen strong. Samtaem ples hemi hot tumas tu nating sipos we san hemi no kamaot. Ples hemi kolkol tumas tu long taem blong winta mo yu save eksperiens strong kolkol. Tekem kea taem we yu wantem travel i go mo kambak long ples blong wok mo luksave oltaem wanem kondisen nao hemi stap. **Luk seksen 1 long saed blong ol Klos.**

3. Ol Maniuel wok mo ol sprein

Wok we bae yu wokem hemi ol had mo fisikol wok we bae yu bendaon, leftemap mo muvum olgeta samting plante taem. Hemi impoten blong mekem ol strejing bifo yu wok, taem we yu stap wok, mo afta we yu wok. Ol sprein ol masel hemi pul i save hapen plante taem wetem wok blong hotikalja mo vitikalja, hemia hemi from sipos we yu no strej inaf long stret taem, mo ol rong wei blong mekem wok, mo tu from fasin blong no stap kakae ol stret kakae.



Bae oli givim infomeisen long:

- Ol Strejing
- Ol strong maniuel wok
- Hao blong kea long yu wan afta wok

Bae mifala i wok wetem yu blong help manejem olgeta kil no sosoa we maet bae yu save eksperiensem long taem blong wok wetem advaes blong olgeta profesional man we oli save long saed blong ol medikol problem.

Oltaem yu mas benem ni blong yu taem we yu wantem leftemap samting!

4. Wanem blong mekem long taem blong Imejensi

Olgeta imejensi prosija oli impoten tumas long olgeta fam mo yu mas lanem mo kasem save. Supavaesa blong yu bae hemi soem long yu olgeta prosija blong folem long olgeta difren ples we bae yu wok long hem. Olgeta problem we oltaem bae save hapen long ol ojad, vinyad no paking shed hemia:

- Faea/eksplosen no samting hemi bosta bigwan
- Etkwek
- Taem ol kemikol oli kapsaed
- Taem we bigfala wota hemi ron no flading
- Ol siries aksiden

Evri propeti oli gat olgeta prapa prosija blong hem wan long taem blong imejensi. Sam bisnes oli gat olgeta difdifren prosija blong olgeta difren eria insaed long wan propeti. Samting we hemi impoten blong kasem save hemia weaples nao hemi **asembli eria**. Yu no mas lego asembli eria long taem blong imejensi anles givim raet. Hemia hemi blong mifala i save sua se yu stap mo se yu seif!

5. PPE

Yu mas werem olgeta pesonal proteksen ekwipmen (PPE) we oli givim long yu!

I gat ol difren kaen PPE blong iusum we bae dipen long wanem kaen wok nao we yu mekem, no long wanem kaen propeti we yu wok long hem. Sam PPS we bae yu iusum hemi ol seifti glas, ol klos we kala blong hem hemi braet, ol hanglav, mo samtaem ol hedpis we hemi blong protektem sorae. Plis werem olgeta PPE we oli givim long yu folem stret fasin. Sipos yu gat eni problem, toktok long supavaesa no advoket blong yu.

Deklereisen

Taem yu saenem pepa ia hemi from we yu kasem save wanem we oli go tru long hem wetem yu long saed blong helt mo seifti risponsabiliti blong helt mo seifti praktis long ples blong wok mo from wanem hemi impoten blong folem olgeta helt mo seifti instraksen, ol polisi mo prosija we Seasonal Solutions mo olgeta propeti we bae yu wok long hem oli givim.

Mi kasem save se mi nidim blong ripotem evri problem, kil, mo eni samting we mi luk se hemi denja long helt, seifti mo welbeing blong mi long ples blong wok. **Mi kasem save tu se mi nidim blong faenem advaes sipos we mi no kasem gud eni infomeisen no trening we mi kasem blong mekem sua se mi no putum mi wan no wan narawan long denja.**

Nem	Signija	Deit

Growa: _____

Akomodeisen: _____

Hemia we hemi givim indaksen: _____

Deit: _____